



SELF-APPLICATION STUDY – EVERYDAY CONFLICT COACHING

This self-application study is intended to help prepare individuals who will be taking PeaceWise's Everyday Conflict Coaching training.

This training will help prepare you to assist other individuals in addressing their conflicts in a biblically faithful manner. Before you do so, however, it is important that you both understand and apply these same biblical guidelines in your own life and your own personal conflicts.

As part of your preparation for the training, we ask you to review the notes in both your Everyday Peacemaking and Heart of Peacemaking participant manuals.

The following study takes you through a personal application of some of the scriptural principles and guidelines that are taught in Everyday Peacemaking. Please review the course notes thoughtfully and complete the assignments below before you arrive at the training event. This study is designed to help you apply and practice biblical peacemaking in your own life and use peacemaking as a witness to Christ's work in your life.

1. Identify a current or recent conflict in your personal life. This may be a disagreement with a family member or a disagreement with a co-worker, a neighbour, or someone from your church, but **it should NOT be an extreme level conflict**. Briefly write a description of the conflict. Note: You will use this situation for further personal reflection during the training.
2. Reflecting on the first G – Glorify God and reflecting on the above conflict, review and specifically identify the three opportunities as taught in Everyday Peacemaking available to you in this conflict.
3. Reflecting on the second G – Get the log out of your own eye, Identify your behaviour in the conflict in light of the Slippery Slope and make a log list and a speck list.
4. Reflecting on the third G – Gently Restore, define both the material issues and the personal issues in this conflict, the positions you have both taken and your underlying interests.
5. Reflecting on the 4th G – Go and Be Reconciled, identify any stumbling blocks to forgiving the person who has wronged you.
6. Considering the Pause Principle as taught in Everyday Peacemaking and your answers to the above questions, prepare a plan (including specific words you can say) to talk to the other person(s) in the conflict you have identified.
7. Go on record with the Lord, writing a prayer based on the principles taught in Everyday Peacemaking and the above questions, and asking for God's guidance as you seek to respond to the conflict in a biblically faithful way.